



CREIGHTON PREP

Forming Men of Faith, Scholarship, Leadership and Service

Athletics Participation Information

Physical Form and Parent Consent Forms

All students trying out for a sport (both NSAA and club) must complete and turn in the following four forms prior to participating:

- The first page is the Athlete/Parent Contract. Please read the contract, and both athlete and parent must sign this form.
- The second page includes Health History and must be completed by the athlete and parent. Student athlete signs and parent signs in TWO places. Athlete must sign and parent must sign at least once for the form to be accepted in the Athletic Office.
- The third page is the Physical Examination Form which must be completed by a physician EACH year that the student attends Creighton Prep and plans to participate in the athletic program.
- The fourth page is the Performance Enhancing Drug Policy and Consent Form. This form must be signed by both athlete and parent.

These forms are available on the Creighton Prep website by clicking [HERE](#).

Creighton Prep will offer sports physicals on Sunday, July 31, 2016 at 7 a.m. Enter through the Heider Center lower doors on the east side of the building. The cost is \$20. **Please send the signed forms with your son.** We strongly encourage families to take advantage of this service as it will ensure all paperwork is turned in and complete. You may, however, use your own physician if that is your preference. **The physical must take place May 1, 2016 or later to be valid for the 2016-2017 school year.**

Fall Sports Tryouts

Football

Freshman Football Equipment Checkout and Practice

All freshman football players will meet for equipment checkout and baseline concussion testing on Tuesday, August 2, 2016 at 11:30 a.m. Enter the building through the Heider Center lower doors next to the school's main entrance adjacent to the east parking lot. All freshman football players should bring a **\$30 equipment fee** to checkout. The fee covers the costs of the equipment you will need: \$5 locker fee, \$20 practice jersey, \$2 mouthpiece, \$3 belt. Make checks payable to Creighton Prep. For additional freshman football information, please review the letter from Coach Van Winkle and Coach Yost by clicking [HERE](#).

The first practice will be Monday, August 8, 2016. The time for the first practice will be announced at equipment checkout. Allow at least 3 hours total time for the first practice. Wear T-shirts, shorts and football shoes for the first day of practice.

Omaha's Jesuit College Preparatory School Since 1878

7400 Western Ave. Omaha, NE 68114-1878 402.393.1190

www.creightonprep.org



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Sophomore/Junior/Senior Equipment Checkout and Practice

All sophomore, junior and senior football players have checked out equipment or will do so in the summer. They will need to pay an equipment fee for the lock, practice jersey, mouthpiece or belt they receive. Some players will reuse equipment from last season and do not need to pay again.

These student athletes need to be participating in the summer conditioning program. **Practice begins on Monday, August 8, 2016.** Practice times will be posted on the football calendar on the football portal page on Prep's website. It can be accessed directly by clicking [HERE](#).

Tennis

JV and varsity tennis tryouts will begin at 3:30 p.m. on Monday, August 8, 2016 at Koch Tennis Center, Tranquility Park. Tryouts will center on a double elimination tournament. Please contact Coach Higgins (402.682.1204) if you plan on trying out and you are a freshman or if you are not a freshman but you did not attend the tryout meeting at school in May.

Cross Country

Those running cross country need to have their physical exam form and all athletic permission forms into the high school office by Friday, August 12. **Practice begins Monday, August 15, 2016 at 3:15 p.m.** in the Criss Auditorium. We will practice until 5 p.m. Everyone needs to bring a \$5 locker fee. Practice on Tuesday, August 16 will be after school for the freshmen and at 3 p.m. for sophomores, juniors and seniors.