Athletics Participation Information

Physicals and Consent Forms

All students trying out for a sport (both NSAA and club) must complete and turn in the following three forms prior to participating. The first page is Parent Consent. The second page includes Health History on the left and Sports Physical information on the right. The third page is the Performance Enhancing Drug Policy and Consent Form. All forms must be signed by parent and athlete, and the physical form signed by doctor.

These forms are available on the Creighton Prep website by clicking HERE.

Creighton Prep will be offering sports physicals on Sunday, August 2, 2015 from 7:00a.m. – 9:00 a.m. (enter through the Heider Center doors on the east side of the building). The cost is $20. Please send signed forms with your son. We strongly encourage families to take advantage of this service as it will ensure all paperwork is turned in and complete. You may, however, use your own physician if that is your preference. The physical must have taken place May 1, 2015 or later to be valid for the following school year.

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Fall Sports Tryouts

Football

Freshman Football Equipment Checkout and Practice
All freshman football players will meet for equipment checkout and baseline concussion testing on Tuesday, August 4, 2015 from 9:00 a.m. – 11:00 a.m. Enter the building through the Heider Center lower doors next to the school’s main entrance adjacent to the east parking lot. All freshman football players should bring $30 equipment fee to checkout. The fee covers the costs of the equipment you will need: $5.00 locker fee, $20.00 practice jersey, $2.00 mouthpiece, $3.00 belt. Make checks payable to Creighton Prep. For additional freshman football information, please review letter from Coach Van Winkle and Coach Yost by clicking HERE.

The first practice will be Monday, August 10, 2015 at 3:15 p.m. Wear t-shirts, shorts and football shoes for the first day of practice. The first practice will run from 3:15 p.m. to 5:30 pm.

Sophomore/Junior/Senior Equipment Checkout and Practice
All sophomore, junior, and senior football players have checked out equipment or will do so in the summer. They will need to pay an equipment fee for the lock, practice jersey, mouthpiece, or belt they receive. Some players will reuse equipment from last season and do not need to pay again.
These student athletes need to be participating in the summer conditioning program. **Practice begins on Monday, August 10, 2015.** Practice times will be posted on the football calendar on the football portal page on Prep’s website. It can be accessed directly by clicking [HERE](#).

**Tennis**

**JV and varsity tennis tryouts will begin at 3:30 p.m. on Monday, August 10, 2015** at Koch Tennis Center at Tranquility Park. Tryouts will consist of a double elimination feed-in tournament. Please contact Coach Mike Higgins (402.682.1204) if you plan on trying out and you are a freshman, or if you are not a freshman but you did not attend the tryout meeting at school in May.

**Cross Country**

Those running cross country will meet in the Criss Auditorium from 3:00 p.m. – 3:45 p.m. on August 13 and 14. Everyone needs to bring a $5 locker fee. **Practice begins Monday, August 17, 2015 after school.**